

# *Spice is Nice II*

## **Spicy Fruit Salad**

### **Ingredients**

Pineapple  
Mango  
Papaya  
2-3 tbsp sugar  
1-2 black cardamoms  
5-6 cloves  
8-10 peppercorns

### **Method**

Remove skin and 'eyes' of the pineapple  
Cut into small pieces  
Place the unwanted centre part in a saucepan  
Peel the mango and remove as much flesh as you can  
Cut into small pieces  
Add the mango seed to the pineapple centre in the saucepan  
Peel the papaya, remove seeds and cut into smaller pieces  
Add 2 cups of water into the saucepan  
Add in the sugar, black cardamoms, cloves and peppercorns  
Bring to a boil  
Lower heat and let it simmer till the liquid is much reduced  
Remove and let the liquid cool  
Use a sieve and drain the liquid into a bowl  
Arrange all the cut fruit into a large bowl  
Pour the cooled liquid over, chill and serve