

Spice is Nice II

Potato Raita

Ingredients

2-3 potatoes, boiled, peeled and cubed
1 tub of natural yoghurt
1 red onion, finely chopped
1/2 tsp ground cumin
1/2 tsp ground black pepper
1/2 tsp ground coriander
pinch of salt
1 tsp sugar

Method

Dry roast the cumin, pepper and coriander
Place the potatoes in a bowl
Add the dry roasted ingredients and mix well
Add the salt and sugar
Add the onions and mix well again
Serve chilled