

# *Spice is Nice II*

## **Chicken/Beef Satay**

### **Ingredients**

1 1/2 lb lean beef or  
1 1/2 lb chicken pieces  
6-8 shallots, blend  
2-3 stalks fresh lemon grass, blend  
1 1/2 tsp ground cumin  
1 1/2 tsp ground cinnamon  
1 1/2 tsp ground coriander  
1 tsp ground turmeric  
3-4 tsp sugar  
2-3 tbsp peanut oil

### **Method**

Slice the chicken or beef into very small pieces  
Into a large bowl put in all the other ingredients and mix well  
Add the meat pieces and mix well and leave to marinate overnight  
Soak skewers in cold water over night as well  
Skewer 3-4 pieces per stick  
Can be barbequed or grilled  
In a small bowl, place 2 tsp of sugar with 2-3 tbsp of peanut oil  
Smash the end of a fresh lemon grass stalk  
Use this as a basting brush, dipping into the bowl of sugar and peanut oil